

TENTATIVE SPRING BREAK WORKSHOP SCHEDULE

| Time              | Workshop #1  | Facilitator       | Workshop #2                       | Facilitator  |
|-------------------|--|-------------------|-----------------------------------|--------------|
| FRIDAY            |  |                   |                                   |              |
| 3pm-TBD & Sat?    | Registration   | Matt G.           |                                   |              |
| 8:30pm - 10:30pm  | Entertainment*<br>(Lg. Gallery)                                | Josh H.           |                                   |              |
| 7pm - 8:30pm      | Speaker<br>(Lg. Gallery)                                       | Danny C.          |                                   |              |
| 11pm - 12am       | Meditation*<br>(Gallery 1)                                     | Mariah            |                                   |              |
| SATURDAY          |  |                   |                                   |              |
| 8am - 9am         | Yoga (Studio)  | Karen             |                                   |              |
| 9am - 10am        | The Language of<br>the Steps<br>(Gallery 1)                    | Josh H.           | Photograph<br>(Meet in Gallery 2) | Andrew J.    |
| 10am - 11am       | Mean Girls #1<br>(Judgement)<br>(Gallery 1)                    | Austin O.         |                                   |              |
| 11am - 12pm       | Mean Girls #2<br>(Gallery 2)                                   | Josh H. & Juan R. |                                   |              |
| 12pm - 1pm        | Lunch/ Pool Time   |                   |                                   |              |
| 1pm - 2pm         | Principles Above<br>Personalities<br>(Gallery 1)               | Kenny I.          | Al-Anon<br>(Gallery 2)            | (TBD)        |
| 2pm - 3pm         | Sober Sex<br>(Gallery 1)                                       | Mike S.           | HIV in Sobriety<br>(Gallery 2)    | AJ & Stephen |
| 3pm - 4pm         | Art<br>(Gallery 1)   | David R           | Tragedy<br>(Gallery 2)            | Tara         |
| 4pm - 5pm         | Al-Anon  | Jamal (Studio)    |                                   |              |
| 4pm - 5:30 pm     | Preparing for Dinner (Hotel will set up tables in Lg. Gallery) |                   |                                   |              |
| 5:30pm - 6:30pm   | Dinner (Lg. Gallery)   |                   |                                   |              |
| 6:30pm - 7:30pm   | (Hotel will Flip Gallery from dinner to Meeting Set up)        |                   |                                   |              |
| 7:30pm - 8:00pm   | Sobriety Countdown (Lg. Gallery)                               |                   |                                   |              |
| 8pm - 9:15pm      | Speaker: Shay T. (Lg. Gallery)                                 |                   |                                   |              |
| =/- 8pm - 9:30pm  | Prepare for Entertainment (@ Parsons Center?)                  |                   |                                   |              |
| 9:30pm - 11:00pm  | Entertainment*   |                   |                                   |              |
| 11:00pm - 12:00pm | Meditation/Yoga<br>(Studio)                                    | George C.         |                                   |              |
| SUNDAY            |  |                   |                                   |              |
| 8:00am - 9:00am   | Yoga (Studio)  | Karen             |                                   |              |
| 9:00am - 10am     | Gratitude Meeting<br>(Lg. Gallery)                             | Arlene & Matthew  |                                   |              |
| 10:00am - 11:30am | Closing Speaker: Kenny (Lg. Gallery)                           |                   |                                   |              |
|                   |  |                   |                                   |              |